

Sea Breeze

Evans Head Pre-School Association Inc. Volume 16, Issue 1

Website: www.evansheadwoodburnpreschool.com

Email: evansheadwoodburnpreschool@gmail.com 30th January 2020

Welcome Everyone

It's so exciting to see every little smiling face keen for a year jam packed with play-based learning.

Please jump in and become active in our little community – your child will get so much more out of their early education if they see you joining in and valuing the experience. You will meet people who will become lifelong friends just by getting involved.

Parent-Teacher Meetings

Many of our new families have already taken advantage of booking in for a "one on one" meeting with our Early Childhood Teachers.

This is a new format we have implemented this year to ensure we tap into your knowledge of your child's learning style and their personality. After all – you are the expert on your own child. We are here to work in partnership with your family.

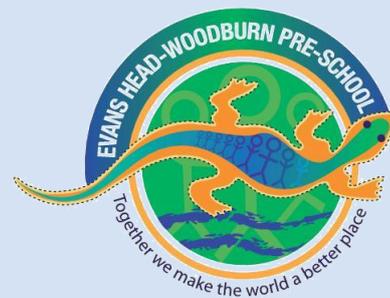
Appointments - If you couldn't get to any of the available appointments, talk to Allyson, Cath or Michelle to make a time that suits you.

Returning Families - If you would like to make an appointment, please do so also.

Google Drive

This week you will receive an email link to your child's folder, as well as any group folders they are a member of. Please click on the link and let us know if you have trouble accessing the folders. If you do not receive an email, or your details have changed, contact Lisa ASAP.

Your child's learning journey will be documented on Google Drive via observations and staff will collaborate on a "Summative Assessment" which will be stored in the folder also.



Evans Head Centre:

1 Beech Street
Evans Head NSW 2473
Phone 6682 5235

Woodburn Centre:

Woodburn Street
Woodburn NSW 2472
Phone 6682 2993

Evans Head Woodburn Pre-School



Bandjalang Word of the Week

Greeting:

Boogul Wa Wiya?
(Are you good?)

Boogul Wa Ngai
(I am good).

Key Word Sign

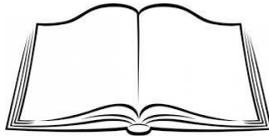


Hello

Move open dominant hand side to side in air at chest height, palm away from body. (Natural gesture).

We Learn and Play on the
Traditional Land of the
Bandjalang People.

Floor Books



With the support of educators, children document deep learning in LARGE books called Floorbooks (because they are big enough to have a group of children contributing to them when opened up on the floor).

This is NOT a DAY BOOK OR JOURNAL. You will not see random pictures from the day. It is all about a particular learning journey. As such, lots of other things happening do not end up in the Floorbook. Some of those may be important and end up in your child's observations or Learning Stories.

We know learning is happening all the time in young children. Educators cannot document everything. They are busy building relationships and engaging with children's learning, not being passive observers, typing away on an iPad.

Conversations

Make sure you talk to the educators whenever you can. Keep us up to date with what is happening with your child and your family. Touch base about what is happening during their preschool day and what learning is going on.

Phone or Email if you can't get into preschool or if you are in a hurry at arrival/departure time. We would love to catch up via phone or email regularly.

Separation Anxiety

Check the back of your Parent Guidelines Handbook in your enrolment pack for tips to deal with separation anxiety.

Talk to us if it is a problem. Our team has many years of experience in helping children settle in and develop a sense of belonging at preschool.

Separation anxiety can be heartbreaking for you. Be assured it is completely normal and doesn't mean your child won't learn to separate and end up of loving preschool.

TALK TO US! We are here to support you.

WORKING BEES



EVANS HEAD PRESCHOOL:

Saturday 15th February

WOODBURN PRESCHOOL:

Saturday 15th February

WE NEED YOU ALL!

Please come for at least an hour between 7:30am and 12 noon.

It's great for the whole family to come and develop a sense of belonging giving the preschool some TLC.

Kids welcome but parents are responsible for supervision. Staff who attend are volunteering – they are not responsible for children.

We will start a list of jobs in each service to cross off as we complete them.

There are jobs for everyone – you don't need any skill set.

- Wear a wide brimmed hat, closed-in shoes, sun-safe clothes and sunscreen.
- Bring a water bottle (if you forget we have tap water).
- Equipment to bring:
 - › Wheelbarrows
 - › Power tools
 - › Shovels, garden gloves, secateurs, clippers (any gardening tools)
 - › Rags, cleaning/painting equipment

Can't come that date? Then choose a job afterwards and do it at a time that suits you! Talk to staff.

Curriculum Night

One night only – 25th February

95% of brain development occurs BEFORE the age of 5!

Researchers emphasise the importance of Early Education as THE most important time in your child's education.

Children who have had a quality play-based early education significantly outperform their peers in NAPLAN results, not just in year 3 and 5, but right through formal schooling.

Come along to our curriculum night to dispel the myths and find out what makes early learning "QUALITY" and play-based.

Please RSVP to the invitation you will receive in your pocket ASAP.

FACEBOOK – Have you liked us?
INSTAGRAM – have you followed us?

IGA Community Benefits

Have you chosen us as your Community Benefits recipient? Just ask at the checkout next time you shop at IGA and don't forget to swipe it to get discounts and IGA gives the preschool a little bonus.



Membership

Every family needs to have at least one member of our association. Please fill out the form that was on your enrolment form – if you didn't do so, another will be in your child's pigeon hole. The \$15 membership fee will come out of your application fee or will be on your first invoice.

Term 1 Invoices

Invoices for Term 1 are in your child's pigeon hole/pocket and will also be emailed out. Please pay the first 2 weeks now unless you have signed and returned a Centrepay Form.

Fees can be paid weekly, fortnightly, or however it suits your budget (please ensure fees are always kept 2 weeks in advance).

If things are tight, have a quiet chat with Lisa, Allyson, Cath or Michelle to sort out a payment plan before you get too stressed.

IMPORTANT: NEW PAYMENT DETAILS:
Please pay your fees using the EFT Bank Details on the bottom of your invoice.

Returning families – Previous credit card, post office or Bpay methods you may have used in the past **ARE NO LONGER AVAILABLE**. Please ensure you use the new EFT details printed on your invoice.

DON'T FORGET to use your invoice number as a reference when making payments!

We have a new date!!

MARCH *Against* VIOLENCE

"PARTS OF THE NORTHERN RIVERS HAVE SOME OF THE HIGHEST RATES OF DOMESTIC AND FAMILY VIOLENCE IN NSW. JOIN US IN A MARCH AGAINST VIOLENCE"

THURSDAY 20TH FEBRUARY 2020
Arrive 10:15am | March Starts 10:30am
EVANS HEAD COUNCIL OFFICE

FREE BBO afterwards
EVANS HEAD RIVERSIDE GAZEBO
Near the Evans Head Riverside Kiosk

FOR MORE INFORMATION CONTACT
JILL SAMUELS (02) 6682 4334
MAUREEN GILL (02) 6662 6792



Our climate problem



by Michael Hawton | Jan 16, 2020 | Children, Media, Parents

We can only do our best and then some more when it comes to our climate problem. That said, we should be careful to avoid repeatedly exposing children to events over which they, as individuals, have only limited ability to make a difference. Over-exposing children to endless media reports on drought, fires, and climate change, is a recipe for making the already-existing anxiety problem amongst children even more prominent.

The reality is that children need our help to regulate and measure their emotional response to our climate problem. Of course, being measured can include taking action, such as attending climate rallies, riding bicycles instead of taking the car and helping our children be more conscious of reducing their electricity use at home.

That said, to dwell on climate change all the time is not a good idea for adults or for children. Where a problem is so big and amorphous and seems to seep into every crevice of our lives, dwelling on it constantly can leave us and our children feeling overwhelmed, frustrated and, sometimes, defeated, sad and depressed.

While limiting our children's exposure to the media coverage about climate change, we can also help our children to take appropriate action to help them feel less helpless and hopeless. Talk with your children about actions that they can take to reduce their carbon footprint or engage in the activities that lobby for change. These actions need to be age-appropriate, practical and achievable. Ideally, they will engender a sense of achievement and the hope for a positive change.

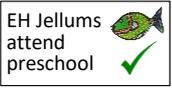
There have been many times in history when we have faced significant global problems, including world wars, the atomic threat of the 1960s and the cold war and the threat of mutual assured destruction. Somehow, humanity worked a way through these problems. People dealt with hardship, fear and loss but came through these events. It is helpful to keep this in mind.

Here are three tips for reducing anxiety in children about the climate change issue.

1. Once you've seen or heard a frightening world event, don't keep watching it over and over. Turn the TV off or turn the radio to another station. Try to minimise your children's exposure to the news of these events. Be especially aware that images seen on television (or video footage on online media platforms) have a particularly powerful effect on children, especially very young children. If you do need news updates, then maybe read about it privately online.
2. Try and hear their feelings before moving on to another topic. You can listen to them by simply acknowledging what you believe they might be experiencing. Through this acknowledgement, you're giving them congruent emotional feedback, which is an essential element of helping children grow their emotional intelligence. Remember your acknowledgment of how they are feeling is not your agreement about how they are seeing things. Just tune-in to what they are saying and where you can, make statements about what you observe – 'So, seeing those people made you feel pretty worried that it could happen here' or 'If I saw something like that I think I would be upset too'. Ask them one thing you can do with them to help – then do it.
3. Help them to set goals that they can achieve: ride their bicycles to school three times a week, attend one community tree planting, write one letter to the prime minister and one to the Minister of the Environment about climate change action, attend three climate rallies this year. Once you have a plan, work on the plan to achieve it.

Remember, it's about doing what you can but not burdening children with things they cannot possibly achieve.

January/February 2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A	27 Jan	28	29	30	31	1 Feb	2
B	3 	4	5	6	7	8	9
A	10	11	12	13	14	15  Come any time between 7:30am and 12pm	16
B	17 	18	19	20	21	22	23
A	24	25 Curriculum Night	26	27	28	29	