

# Diabetes Management

Review Date: 16/04/19

## Introduction

The management of a child's diabetic condition is dependent upon coordination between our service, the child's family and the child's doctor. Our service recognises the need to facilitate effective care and health management of children who have diabetes, and the prevention and management of acute episodes of illness and medical emergencies.

## Goals – What are we going to do?

This Diabetes Management Policy aims to:

- Raise awareness of diabetes management amongst those involved with the service;
- Provide the necessary strategies to ensure the health and safety of anyone with diabetes attending the service;
- Provide an environment in which anyone with diabetes can participate in all activities to the full extent of their capabilities; and
- Provide a clear set of guidelines and expectations to be followed with regard to the management of diabetes.

## Strategies - How will it be done?

### The Approved Provider will:

- Assist permanent educators to hold approved first aid training
- Fund updates for permanent educators.

### The Nominated Supervisor will:

- Provide staff with access to this policy and brief them on diabetes procedures upon their appointment;
- Ensure at least one staff member who has completed accredited senior first aid training is on duty whenever children are being cared for and educated;

- Identify children with diabetes during the enrolment process and inform staff;
- Provide families thus identified with a copy of this policy and Diabetes Action plan upon enrolment or diagnosis; (a *Diabetes Action Plan* template can be downloaded from [www.chess.sa.edu.au/Pathways/diabcareplanjune2009.doc](http://www.chess.sa.edu.au/Pathways/diabcareplanjune2009.doc)) – see Appendix.
- Ensure that *Diabetes Action Plans* are received for anyone with a diagnosis of diabetes that contain information for the person's *Diabetic Management* and outline what do in relation to any *Diabetic Emergency* the person might face;
- Ensure families provide the service with the child's testing kit and hypo pack if required;
- Store *Diabetes Action Plans* in the child's enrolment record and display with a photo in the staff room;
- Formalise and document the internal procedures for emergency Diabetes treatment;
- Encourage open communication between families and staff regarding the status and impact of a child's diabetes; and
- Promptly communicate any concerns to families should it be considered that a child's diabetes is limiting his/her ability to participate fully in all activities.

#### **Educators will:**

- Ensure that they maintain current accreditation in first aid;
- Ensure that they are aware of anyone at the service with diabetes;
- Ensure that they are familiar with the symptoms and the emergency treatment of a low blood glucose level;
- Follow First Aid Policy to call an ambulance if they feel emergency treatment is required;
- Ensure, in consultation with the family, the health and safety of each child through supervised management of the child's diabetes;
- Where necessary, modify activities in accordance with a child's needs and abilities;
- Ensure that a child's *Diabetes Action Plan* is followed at all times;
- Promptly communicate, to management or parents/guardians, any concerns should it be considered that a child's diabetes is limiting his/her ability to participate fully in all activities; and
- Ensure that practices are inclusive of children with diabetes.

**Families will:**

- Inform staff, either upon enrolment or on initial diagnosis, that their child has diabetes;
- Provide all relevant information regarding their child's diabetes via a written Diabetes Action Plan, which should be provided to the centre within seven (7) days of enrolment;
- Keep the child's testing kit and hypo pack updated as required;
- Notify the Nominated Supervisor, in writing, of any changes to the *Diabetes Action Plan* during the year;
- Ensure that they comply with all requirements and procedures in relation to the Medications Record;
- Communicate all relevant information and concerns to educators as the need arises; and
- Ensure, in consultation with the staff, the health and safety of their child through supervised management of the child's diabetes.

<p><b>President's Name:</b> .....</p> <p><b>President's Signature:</b> .....</p> <p><b>Date:</b> ...../...../.....</p>
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**REVIEW DATE:** .....